## What we do

Safe Space Family Resource Center is a juvenile family resource center serving youth in Champaign County. Safe Space is designed to prevent and divert youth from the juvenile justice and child welfare systems through a single point of contact. Safe Space staff work with your family to create an individualized plan so that you and your child are able to get the most positive outcome. Our team will learn about your family strengths and needs, build a plan to address the issues, help build resiliency, provide support, and create the opportunity for your family to thrive.



Adapted from Center for Community Resilience, Community Resilience Tree

## We help in stressful times

## Are you having a hard time

Difficulty meeting basic family responsibilities: Day to day needs of the family are difficult to meet. This can include financial needs, physical needs, emotional needs, and/or employment/school needs.

**Increased Stress:** Stress levels begin to feel unmanageable or overwhelming;

**Stress-producing situation:** Experiencing a stress producing or traumatic situation;

**Difficulty coping:** Having a difficult time dealing with the stress, handling situations that you could usually handle;

**Withdrawal**: Withdrawing from social activities, friends, or family;

**Substance use**: Increased use of alcohol or other drugs

Thoughts of self-harm: Suicidal thoughts or acts of self-harm

**Behavior changes:** Destructive or high-risk behavior, or doing things that don't make sense to others; or

Run-ins with law enforcement: Contact with law enforcement prior to charges being filed.

We will work to increase your levels of support, link your family to needed resources, and services.







201 N. Main Street, Urbana OH Phone: 937-484-1039 Fax: 937-484-1042 Email: slogwood@ccfamct.us

A Safe Space to receive supportive services to help your family thrive.



## Get help now.

Safe Space can help link your family to needed resources such as food, transportation, housing, clothing, child care, school support, parenting resources, mental health, substance use providers and more. Referrals are made to foster connections between your family and resource providers.



Safe Space staff will meet with you and your family to learn about your needs and strengths. Be prepared to share information about your family and concerns you have for your child. We will work together to develop a care plan to address your family's needs.

Evidence-based screening tools may be used to help properly identify problems and to direct care plan development. Your family is unique. You are the expert of your child. We will work together to find the right supports.





With nearly 20 years of experience working in social services in

Champaign County, our Safe Space Family Resource coordinator, Stacey Logwood, can assist your family in finding the most appropriate resources and support at the right time.

Appointments are available on Monday-Friday, 8am-4pm and evening appointments can be accommodated by request.

To schedule an appointment, please call 937-484-1039 or email Stacey at slogwood@ccfamct.us